

St. Wenceslaus School
PHYSICIAN EXAM
HEALTH FORM GUIDELINES

Students entering school for the first time (**K or 1st Grade**) and students entering 7th Grade and transfer students from outside the State of Nebraska, regardless of grade (includes any foreign students) are required to have the following immunizations with records. The students are also required to have an eye exam and all fields in the form completed.

*1 dose of varicella (chickenpox) or MMRV if given on or after 12 months of age and prior to 13 years of age. If given at over 13 years of age, 2 doses of varicella (no MMRV), separated by at least one month. Written documentation (including year) of varicella disease from parent, guardian, or health care provider will be accepted. (For the 2007-2008 school year this includes students in grades kindergarten, 1st, 2nd, 3rd, 7th, 8th, 9th, and 10th, plus all out of state transfer students).

*3 doses of DTaP, DTP, DT, or Td vaccine, one given on or after the 4th birthday.

*3 doses of polio vaccine.

*3 doses of pediatric Hepatitis B vaccine or 2 doses of adolescent vaccine if student is 11-15 years of age.

*2 doses of MMR or MMRV vaccine, given on or after 12 months of age and separated by at least one month.

For the 2008-2009 school year Varicella is required for kindergartners, 1st, 2nd, 3rd, 7th, 8th, 9th, and 10th graders, plus all out of state transfers.

Important notice: The immunization record from your physician's office is required and should include the month and year of each immunization signed by the doctor or nurse as proof of immunization.

Please provide the school office with the exam and immunization record no later than August 1, 2008. We appreciate your attention to this important matter.

Sincerely,
Katie Staebell, RN

Health Exam Card

Dental Exam Date ___/___/___

_____/_____/_____
Last Name: First Name Birth date Sex (M)(F) W B Other
Circle Race

Address Phone Grade School

Parent's or Guardian's name Please print name of physician

****NEBRASKA STATE required immunizations are listed on the reverse side.**

Immunization	Date	Immunization	Date	Immunization	Date
DTP/Td (Diphtheria Tetanus-Pertussis)	1. ___/___/___ 2. ___/___/___ 3. ___/___/___ 4. ___/___/___ 5. ___/___/___ 6. ___/___/___	POLIO	1. ___/___/___ 2. ___/___/___ 3. ___/___/___ 4. ___/___/___	MMR	1. ___/___/___ 2. ___/___/___
HepB	1. ___/___/___ 2. ___/___/___ 3. ___/___/___	HIB 1.	1. ___/___/___ 2. ___/___/___ 3. ___/___/___ 4. ___/___/___	Varicella	___/___/___
		Other		Other	___/___/___

PHYSICAL EXAM: B/P ___/___/___ Pulse ___ Respirations ___ HT: ___ WT: ___
Nutritional Status ___ Hemoglobin or Hematocrit ___ Urinalysis ___
Skeletal Development/ Posture ___ Scoliosis ___
Scalp and skin ___ Lymph nodes ___ Neck ___
Ears ___ Nose ___ Throat ___

Hearing Screening: Pass ___ Fail ___ Referral to Audiologist ___

Mouth ___ Teeth & Gums ___ Speech ___
Heart ___ Lungs ___
TB Skin Test results: (+) ___ (-) ___ Abdominal Examination: ___ Hernia? Y ___ N ___
Extremities: Upper ___ Lower ___
Neurological Exam: ___
Mental Health Assessment: ___

Medical History: Check any past or present illness of this child the school should be aware of, such as:
___ Asthma ___ Hepatitis ___ Kidney infections ___ Cancer ___ Physical Limitations ___ Diabetes
___ Seizure disorder ___ Serious Injuries ___ Heart Disease ___ Operations
Allergies: ___ **Other** (specify) ___

REQUIRED Vision Screening: Circle findings
Strabismus (Pass/Fail) Amblyopia (Pass/Fail) Internal eye health (Pass/ Fail) External eye health (Pass/ Fail)
Visual Acuity: Rt eye @ 20ft. 20/___ aided/unaided Lt eye @ 20ft. 20/___ aided/unaided
Rt. Eye @ 16 inches 20/___ aided/unaided Lt. Eye @ 16 inches 20/___ aided/unaided

Is this child subject to any illness that may result in a classroom emergency? Yes () No ()
If yes, please describe: _____
Is this child subject to any condition, which limits: Classroom activities ___Y___N
Physical Education ___Y___N
Field Trips ___Y___N
If yes, please describe: _____
Is this child taking any medication? ___Y___N If yes, please identify _____
If taking medication at school, please complete on line MEDICATION FORM and submit.
Any other remarks concerning the child's health: _____

Date of Exam ___/___/___
Signature of MD performing exam _____