

PRAYERS TO KNOW

In the name of the Father,
And of the Son,
And of the Holy Spirit,
Amen.



Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning
is now, and ever shall be
world without end. Amen.

THE LORD'S PRAYER

Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come;
thy will be done on earth
as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil. Amen.

HAIL MARY

Hail Mary, full of grace,
the Lord is with thee!
Blessed are thou among women,
and blessed is the fruit of thy
womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our
death. Amen.



GRACE BEFORE MEALS

Bless us, O Lord, and these thy
gifts, which we are about to
receive from thy bounty,
through Christ Our Lord. Amen.

GRACE AFTER MEALS

We give you thanks, Almighty
God, for these and all your gifts,
which we have received,
Through Christ Our Lord. Amen.



ANGEL OF GOD

Angel of God, my guardian dear,
to whom God's love commits me
here, ever this day be at my side
to light and to guard
to rule and to guide. Amen.



ACT OF CONTRITION

O my God, I am heartily sorry for
having offended you. And I detest
all my sins because I dread the loss
of heaven and the pains of hell.
But most of all, because they
offend you, my God, who are all
good and deserving of all my love.
I firmly resolve, with the help of
your grace, to confess my sins, to
do penance and to amend my life.
Amen.

THE TEN COMMANDMENTS

1. I, the Lord, am your God. You shall not have other Gods besides me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep holy the sabbath day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet anything that belongs to your neighbor.

